He who has never learned to obey cannot be a good commander.

-Aristotle

Dear parents,

Thank you for the overwhelming response to the Overnight Camp organized by the school. We assure you that facilitators from the school will be accompanying the children at all times and your ward will be under our care.

The students must be dropped at the school at 8.30 a.m. on Monday, 23rd March, 2015 along with the essential items required for the camp. They can be picked up from their respective classrooms on Tuesday, 24th March, 2015 after collecting the Annual Result from their class facilitators.

Instructions for the night camp and the list of essentials is provided, along with the itinerary. Kindly read the instructions carefully. Please inform the concerned class facilitator if your child has any specific medical problem. The school’s medical attendant will be available day and night.

I am sure the camp will be a fantastic experience for our children and they will benefit immensely in terms of developing confidence and becoming self-reliant.

With warm regards.

[Signature]
Shalini Bajaj
Head of the School

[Signature]
Meena Awasthi
Sr Coordinator
PROGRAMME SCHEDULE

Day 1 : Monday, 23rd March, 2015

08.30 a.m. – 09.00 a.m. : Registration and Grouping

09.00 a.m. – 09.30 a.m. : Breakfast

09.30 a.m. – 01.30 p.m. : Tent Pitching, Zorbing, River Crossing–Suspension Type, Rappelling, Obstacles–Pit Jump, Commando Crawl, Rope Climbing, Tyre Cross, Tarzan Swing, Double Rope Bridge, Twine, Monkey Crawl, Burma Bridge etc.

01.30 p.m. – 02.30 p.m. : Lunch

02.30 p.m. – 03.30 p.m. : Rest/silent reading for 1 hour.

03.30 p.m. – 05.30 p.m. : Team building Exercises–
Physical (in Nature) – Tug-O-War
Cerebral (in Nature)-Web of Life, Australian Planks

05.30 p.m. – 06.00 p.m. : Hot milk and snacks will be served

06.00 p.m. – 07.00 p.m. : Magic Show

07.00 p.m. – 08.30 p.m. : Bon-fire and dance/music

08.30 p.m. – 09.30 p.m. : Dinner

09.30 p.m. – 10.00 p.m. : Change into night dress

10.00 p.m. : Lights out and sleep

DAY 2 : Tuesday, 24th March, 2015

06.00 a.m. - 06.30 a.m. : Wake up time, wash and change

06.30 a.m. - 07.30 a.m. : Pack up

07.30 a.m. - 08.30 a.m. : Physical activities

08.30 a.m. - 09.00 a.m. : Breakfast

09.00 a.m. : Pack-up and depart with fond memories.
Success is never final and failure never fatal. It's courage that counts.

CAMP ESSENTIALS

Parents are requested to make a note of the following details regarding the Overnight Camp

Reporting time : 8.30 a.m.

Dress code : * Jeans / Pants / Capri (no skirts, please) and T-shirt
   * Woollen Pullover/ Jacket/ Thermals
   * Sports shoes
   * A cap

Other Essentials

- One bed sheet
- Two sets of casuals – Jeans and T-shirts (no skirts, please)
- Two sets of under clothes
- One small towel
- A night suit
- Mosquito repellent
- A woollen pullover
- Water bottle
- Toiletries
- Slippers
- Medicines (if required)
- One extra paper bag.

Please Note :

- All the above items should be properly labeled with the child’s name and class written clearly and brought in a small bag only.
- **No expensive electronic items, cell phones or cameras are allowed.**